

AGGARWAL COLLEGE HOSTS SEMINAR ON DRUG ABUSE AND SUICIDE PREVENTION

Under the able guidance of Shri Devender Gupta Ji, President of Aggarwal Vidya Pracharini Sabha, and Principal Dr. Sanjeev Kumar Gupta, Aggarwal College, Ballabgarh, organized a seminar on September 17, 2024, to sensitize the growing issues of drug abuse and suicide prevention.

Ms. Anita, an OST (Opioid Substitution Therapy) Counselor from B.K hospital, provided insights into the role of OST in helping individuals overcome addiction and the importance of rehabilitation in drug abuse and suicide prevention.

Ms. Preeti Yadav, a Clinical Psychologist, B.K. Hospital, delivered the keynote address on the "**Psychological Impact of Substance Abuse**" where she discussed the mental health challenges posed by addiction, including depression, anxiety, and suicidal tendencies.

As part of the program, students performed a "**Nukkad Natak**" (street play) to sensitize the audience about the dangers of drug abuse and also raised awareness about the power of voting in the upcoming elections.

Convener, the anti narcotics cell, Dr. Rekha Sain emphasized the role of educational institutions in spreading awareness. Organizing Secretary Ms. Shelly Malik stressed the importance of proactive measures. The seminar concluded with a strong commitment to combating these rising concerns. Over 80 students participated in the event.