

THE IMPRESSIVE TIMES

Published from Delhi & Haryana

www.impressivetimes.com

National Daily



INDIA WILL BECOME A HUB OF DRONE TECHNOLOGY, I & B MINISTER ANURAG SINGH

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CONGRESS' BHARAT JODO YATRA RESUMES FROM KHEL SANKUL IN RAJASTHAN'S JHAL.



LOT OF PEOPLE IN KENYA ASPIRE TO PLAY IN PRO KABADDI LEAGUE: PATNA PIRATES' DANIEL

07



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Aggarwal College organised An Expert talk on 'Design your Destiny-Developing Inner Power'

Urvashi Rana

info@impressivetimes.com

BALLABGARH : A talk was organized by Centre for Holistic Wellness and Soulful Wellbeing of Aggarwal College Ballabgarh in association with Brahma Kumaris titled 'Design your Destiny- Developing Inner Power' on 6th December, 2022. The keynote speaker of the event was BK Sonika, Rajyoga Teacher, Gurugram. The Guest of Honour was BK Sushila, Senior Rajyoga Teacher, Ballabgarh. Special Guests of the event were BK Jyoti Bhai, BK Hari Kishan Bhai. The keynote speaker BK Sonika spoke about how to design your destiny, fate and future so as to bring comfort solace and ease in your lifestyle. She further added that if one works on these virtues our emotional, spiritual and intellectual quotient is strengthened. All this leads to holistic



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development and aligns oneself to the almighty for perfect wellness. The good thoughts and actions for the welfare of others add to our karmic account and thus redesigns and reshapes our destiny.

The Guest of Honour, B.K Sushila congratulated the Principal Dr. Krishan Kant for organizing such a spiritual discourse. She said that these sessions add to the spiritual well-being of the teachers and students and help them trudge the path of spirituality with more enthusiasm. Principal Dr. Krishan Kant Gupta spoke that the main motive of organizing such sessions is to promote a healthy and congenial ecosystem for the fit and proper growth of an individual.