

Workshop on 'Right to Bleed Freely'

A Workshop on 'Right to Bleed Freely' was organised on 21st January, 2019 by Women Cell, Aggarwal College Ballabgarh under the able guidance of Principal Dr. Krishan Kant Gupta. This Workshop was conducted by Mr. Tarun Sharma, Founder, Director of NGO 'The Rising' and his team (Mr. Subham, Ms. Pooja and Ms. Sakshi). Principal Dr. Krishan Kant Gupta welcomed all the speakers and emphasised on the need for spreading awareness about taboos. He further said that this is the right time to highlight these issues to change the mindset of masses. Mr. Tarun Sharma exhorted the students to shed their hesitation and come forward to raise their voice regarding menstrual health and hygiene. A deep and sensible interaction took place between students and speakers. Their main focus was to remove the misconception about menstruation and to advise them to use sanitary pads in place of dirty clothes. A documentary was also screened on this occasion to highlight the intensity of this issue in remote areas even after globalization. Boys students were being influenced to support the females around them for using sanitary napkins. The workshop ended successfully with the positive and impressive feedback of the students and faculty. This workshop was organised by the Incharges of Women Cell Dr. Shobhna Goyal, Dr. Geeta Gupta and Dr. Renu Maheshwari.