

ST. JOHN AMBULANCE (INDIA)

Activities organized in year 2018



Aggarwal College Ballabgarh

A Post Graduate Co-educational College
(Affiliated to M.D. University Rohtak)

NAAC Accredited 'A' Grade (CGPA: 3.40)

College with Potential for Excellence (CPE) Status by UGC

Committee Members

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| •Dr. Devender, Assistant Professor,
Physics Department | Convener |
| •Ms. Pooja Sharma, Assistant Professor,
Commerce Department | Coordinator (Wing-1) |
| •Mr. Devender, Assistant Professor,
Computer Science Department | Coordinator (Wing-2) |
| •Ms. Priya, Assistant Professor,
Mathematics Department | Coordinator (Wing-3) |

Participation/Activities organized in year 2018

S. No.	Activity	Date of Activity
1	District level YRC Training Camp	19-23 February, 2018
2	St. John Ambulance Brigade Lecture Series (Lecture – 01) SJAB: Aim & Activities	14 th March, 2018
3	March Past Parade training to SJAB Cadets	10,11&16-18 April 2018
4	SJABLS (Lecture – 02) Disaster Management	13 th April, 2018
5	State Level Function of World Red Cross, Gurgaon	8 th May, 2018
6	Inauguration of Sewing Machine & Computer Centre in Chandawli Village	6 th July, 2018
7	SJABLS (Lecture – 03) Home Nursing - I	26 th July, 2018
8	SJABLS (Lecture – 04) Health Issues: Role & Responsibilities	18 th August, 2018
9	SJABLS (Lecture – 05) Introduction to First Aid Training	20 th September, 2018
10	SJABLS (Lecture – 06) Health & Yoga	3 rd October, 2018
11	SJABLS (Lecture – 07) Home Nursing - II	16 th November, 2018

District level YRC Training Camp

A district Level Youth Red Cross (YRC) Training Camp was organized from 19 February to 23 February, 2018 in wing – 1 of Aggarwal college, Ballabgarh, Faridabad. The Chief Guest of closing ceremony was Sh. D.R.Sharma, General Secretart, Haryana Red Cross Chandigarh on 23-02-2018. Seven students of St. John Ambulance Brigade from Aggarwal College participated in the function. Hemant, Vivek, Bhuvan, Pardeep, Vishal, Mohit and Sahil performed well beyond the expectations and guarded Sh. D.R. Sharma, chief guest of the day.









St. John Ambulance Brigade Lecture Series (Lecture – 01)

SJAB: Aim & Activities

This is the first lecture of the St. John Ambulance brigade Lecture series. The lecture was delivered by Dr. Devender, Assistant Professor, Physics department & Convener of St. John Ambulance Branch of Aggarwal College, Ballabgarh on 14th of March, 2018. It's basically an introductory lecture about the fundamentals, aim, activities and scope of SJAB in social service. St. John Ambulance India is the Indian branch of St. John Ambulance, an international organization involved in teaching and practice of medical first aid and the provision of ambulance services. It has its national headquarters in Delhi and operates as a federation. There are two operational wings often called the Association Wing (which delivers first aid training) and the Brigade Wing (which delivers First Aid at public events).







March Past Parade training to SJAB Cadets







St. John Ambulance Brigade Lecture Series (Lecture – 02)

Disaster Management

To create awareness among the students about disaster management, St. Johns Ambulance Bridge conducted a lecture on 13th April 2018 in Aggarwal College Ballabgarh. This lecture is delivered by Mr. Devender, coordinator SJAB wing –III, Aggarwal College. Simple and easy to follow safety tips, the functioning of a fire extinguisher and spoke of the DOs and DON'Ts regarding possibilities of fire were shared. A need to watch out for warning signs and practice safeguards to prevent occurrence of incidents that may range from inconvenient to life-threatening were also shared. Some first-aid tips were given. The session proved to be informative and an imperative lesson on life-saving skills.



Ambulance Brigade

Lecture Series
Lecture 1: C2

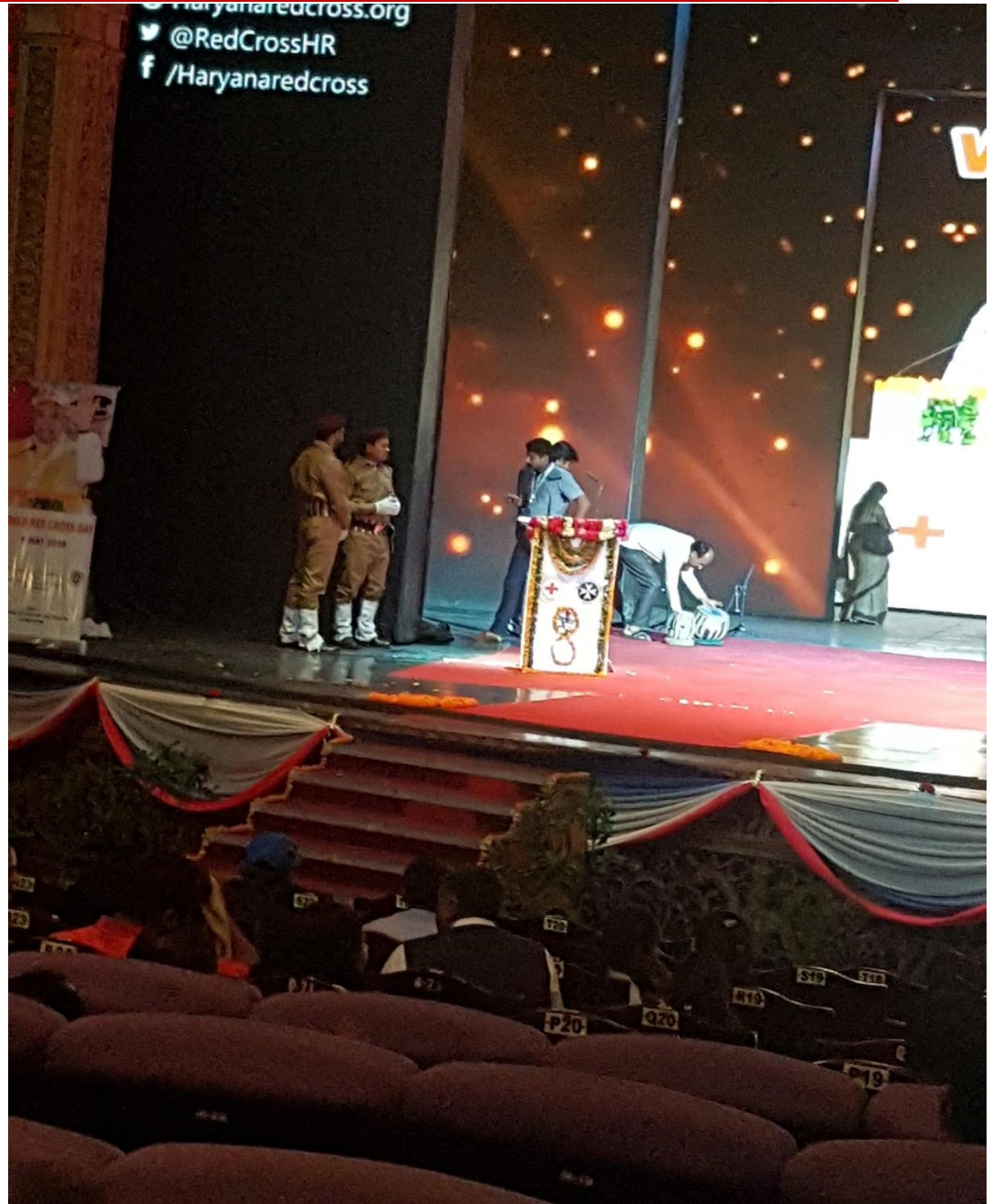
Disaster Management

Agenda Change
Lecture 1: C2



State Level Function of World Red Cross, Gurugram

A State Level Function on World Red Cross Day on 08-05-2018 was organized in Gurugram. The honourable Governor of Haryana Sh. Kaptan Singh Solanki was the chief guest of the function. Two students of St. John Ambulance Brigade (SJAB) from Aggarwal College, Ballabgarh named Amrish & Vivek escorted the chief guest.



Inauguration of Sewing Machine & Computer Centre in Chandawli Village

Chandawli is the village adopted by the Aggarwal College Ballabgarh. With initiatives of Aggarwal College a sewing machine centre was opened near the Govt. school in the village in order to make the female candidates of village to acquire a new skill and to offer them a earning hand. Along with it, a computer centre is also handed over to college as per the requirement of the digital world. On this auspicious occasion, four candidates of St. John Ambulance Brigade Vivek, Amrish, Bhuvan and Sahil escorted the Chief Guest Sh. D. R. Sharma On 06-07-2018 in village Chandawli.



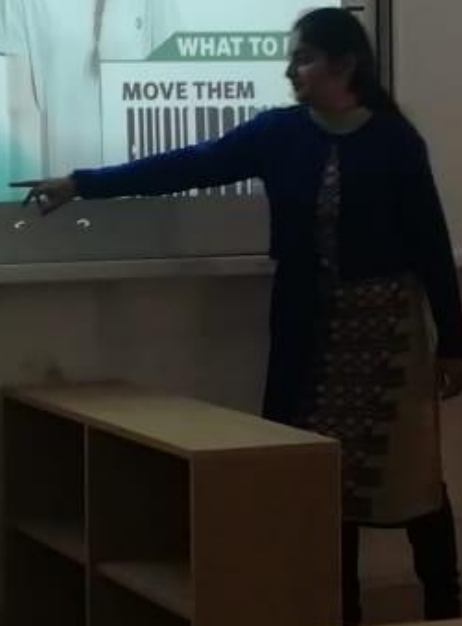


St. John Ambulance Brigade Lecture Series (Lecture – 03)

Home Nursing – I

As a part of ongoing lecture series SJABLS and first in the part of home nursing, a very instructive and tremendous lecture was delivered by Ms. Priya, Assistant Professor in Mathematics department and Coordinator of St. John Ambulance Brigade wing -3 of the Aggarwal College Ballabgarh. There is a wide range of services that are performed by many different professionals; services include wound care, disease management, medical equipment, therapy, medical social services, and patient education. Home health nurses have a wide range of duties and services provided, and in addition to services provided nurses also consult with doctors on the status of the patient and provide feedback on any potential changes that need to be made to the care plan.

BRIO





St. John Ambulance Brigade Lecture Series (Lecture – 04)

Health Issues: Role & Responsibilities

One day lecture was organized in Aggarwal College Ballabgarh by St. John Ambulance Brigade on 18 August 2018 on “Health Issues: Role & Responsibilities” under the guidance of Principal Dr. Krishan Kant Gupta. The reason Behind the program was to aware the students that life is very important to people and there is no rule saying that we should not help people right? In this lecture, some health related issues has been discussed and wide variety of health matters is covered by way of video lectures. The knowledge of relied from heart attack, burns and severe bleeding is imparted to the students. The lecture was delivered by Ms. Pooja, Assistant Professor in commerce department in Aggarwal College, Ballabgarh. Honestly, the lecture was informative and thanks to all the members of St. John Ambulance Brigade for this successful program.

St. John Ambulance Club

Lecture - 04
HEALTH RELATED ISSUES



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St. John Ambulance Club

Lesson - 04
HEALTH RELATED ISSUES



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St. John Ambulance Brigade Lecture Series (Lecture – 05)

Introduction to First Aid Training

This is the fifth lecture of the St. John Ambulance brigade Lecture series. The lecture was conveyed by Dr. Devender, Convener of St. John Ambulance Branch of Aggarwal College, Ballabgarh on 20th of September 2018. The primary concern of the lecture is to motivate the students/cadets of SJAB to have the basic knowledge about the First Aid and its importance in day-to-day life. First aid is the assistance given to any person suffering a serious illness or injury, with care provided to preserve life, prevent the condition from worsening, or to promote recovery. It includes initial intervention in a serious condition prior to professional medical help being available, such as performing cardiopulmonary resuscitation (CPR) while awaiting an ambulance, as well as the complete treatment of minor conditions, such as applying a plaster to a cut. First aid is generally performed by someone with basic medical training.





OTHER USEFUL ITEMS

- > CLING FILM OR CLEAN PLASTIC BAGS
- > ALCOHOL GEL
- > BLANKET
- > SURVIVAL BAG
- > TORCH
- > WHISTLE

St. John Ambulance Brigade Lecture Series (Lecture – 06)

Health & Yoga

St. Johns Ambulance Bridge organized Lecture on the topic Health and Yoga on 3rd October 2018 in Aggarwal College, Ballabgarh to bring peace, harmony, happiness and success to every soul in the world. This was a great opportunity to imbibe the value of discipline. Yoga is a mental, physical and spiritual practice that needs to be carried every day. Students got the chance to know how yoga embodies unity of mind and body. The students performed Yoga. Different yoga postures like Vrikshasana, Uttaanaasana, Trikonaasana, Bhadrasana, Shashankaasana, Bhujangasana, Pawana Muktaasana, finally ended with Pranayama and meditation.

State Ambulance Brigade

Lecture Series

Lecture 1/01

Health and Yoga

Government College
Ballabgarh



St. John Ambulance Brigade

Lecture Series

Lecture : 04

Topic: Health and Yoga

Aggarwal College
Ballabgarh



St. John Ambulance Brigade Lecture Series (Lecture – 06)

Home Nursing – II

As a part of ongoing lecture series SJABLS and second in the part of home nursing, a very informative and memorable lecture was delivered by Ms. Priya, Assistant Professor in Mathematics department and Coordinator of St. John Ambulance Brigade wing -3 of the Aggarwal College Ballabgarh. Home health nursing is a nursing specialty in which nurses provide multidimensional home care to patients of all ages. Home health care is a cost efficient way to deliver quality care in the convenience of the client's home. Home health nurses create care plans to achieve goals based on the client's diagnosis. These plans can include preventative, therapeutic, and rehabilitative actions. Home health nurses also supervise certified nursing assistants. The professional nursing organization for home health nurses is the Home Healthcare Nurses Association (HHNA). . Overall, the lecture was very enlightening.



WHAT TO DO

- > WEAR GLOVES
- > REMOVE CLOTHING AROUND THE WOUND
- > DON'T PULL OUT ANYTHING FROM THE WOUND



