

3 Day Workshop on 'Character Building and Overall Personality Development'

A 3 Day Workshop on 'Character Building and Overall Personality Development' has been organized from 28th December 2019 to 30th December 2019 by Aggarwal College Ballabgarh in collaboration with Shiksha Sanskriti Utthan Nyas, New Delhi. The chief aim of organizing this workshop is that without sound character, education acquisition is tough. In the Inauguration Ceremony, the Chief Guest Hon'ble Cabinet Minister Haryana Sh. Mool Chand Sharma spoke about the character of an individual which is of utmost importance. He spoke of historical times during which the focus was on overall development of human being through the medium of education.

Principal Dr. Krishan Kant welcomed all the guests and spoke about the relevance of this workshop. He stated the need of the educationists to self-introspect oneself in order to impact the students of the college. Dr. Alokdeep spoke about the various MOUs done by Shiksha Sanskriti Utthan Nyas with various universities and Government of Haryana which would help in propagating the idea of Character Development which is needed in current times. The guests also unveiled the book 'Entrepreneurship Development'- an edited book under the patronage of Principal Dr. Krishan Kant.

The Keynote Speaker Mr. Atul Kothari, National Secretary, Shiksha Sanskriti Utthan Nyas, New Delhi stated that the world is going through a difficult period where crimes are increasing because people have forgotten their values and traditions. He said there is a crisis of character which needs urgent attention. He said that materialism has become more important than spirituality which needs to be changed. He also spoke about the importance of Gandhi's concept of trusteeship. The need of physical fitness, psychological fitness, intellectual development and having a disciplinary curriculum is the need of the hour.

Also present were Dr. Dinesh Kumar, Vice Chancellor, J.C. Bose University of Science and Technology, Faridabad, Ms. Anita Sharma, Principal, D.A.V. School, Faridabad, Sh. Pushpender Rathi and Sh. Deshraj Sharma. The Inauguration Ceremony was followed by three sessions. The second session which was on Panchkosh concepts, senior faculty of the college discussed all the five Koshas. Dr. Banke Bihari talked about Annamay Kosh, Dr. R.P.Sharma spoke on Pranmay Kosh, Mrs. Kiran Anand talked on Mannmay Kosh, Dr. Devender deliberated on Vigyanmay Kosh and Ms. Madhu Singla, Alumna discussed Anandmay Kosh with the audience. The audience had a healthy discussion with the learned speakers to hone their personalities. It was followed by Annmay Kosh in session 3. Mr. Ashok Kadel, National Co-Convener, Shiksha Sanskriti Utthan Nyas, New

Delhi deliberated at length on this kosh to enlighten the audience and help develop their personalities.

In the next session on Pranmay Kosh, Prof. Balram, Yoga Instructor Faridabad and Sh. Shyam Arya, Sadbhavana Samarpan Yoga Club, Aggarwal College Ballabgarh discussed about the various benefits of this kosh and how joy and happiness can be achieved through it.

In the next two days, seven sessions will be conducted followed by valedictory ceremony in which Prof. Sushma Yadav, Vice Chancellor, BPS University, Khanpur Kalan Sonapat will be the Chief Guest.

On the same day, a warm tribute was also paid to our alumnus, Mr. Jai Bhagwan Sharma, a CISF Jawan who laid down his life for the safety of our nation.

This 3 –Day workshop was organized under the Chairmanship of Sh. Devender Kumar Gupta, President, Aggarwal College Ballabgarh and under the Patronage of Principal Dr. Krishan Kant. Ms. Kiran Anand is the Convener and Dr. Banke Bihari is the Co-convener of this workshop.